This device is intended for administration by the patient, under supervision of a healthcare professional. Read this Instructions for Use in full before training and supervising patient.

### Step 1: Get ready
Before first device only:
- Instruct patient to blow nose before first device only.
- Confirm required number of devices.

### Step 2: Prepare device
Healthcare professional:
- Check expiration date (‘EXP’). If expired, get a new device.
- Peel blister and remove device.

Healthcare professional:
- Do not prime device. This will result in a loss of medication.
- Check that indicator shows 2 green dots. If not, dispose of device and get a new one.
- Hand device to patient.

Healthcare professional:
- Do not press the plunger.

### Step 3: Prepare patient
Healthcare professional:
- Take device from patient.
- Check that indicator shows no green dots. If you see a green dot, have patient spray again into the second nostril.
- Check indicator again to confirm device is empty.

Healthcare professional:
- Rest in a comfortable position (preferably, semi-reclined) for 5 minutes after each device.
- If liquid drips out, dab nose with a tissue.

Healthcare professional:
- Repeat Steps 2-5 for the next device.

### Step 4: Patient sprays once into each nostril
Instruct the patient to:
- Insert tip straight into the first nostril.
- Nose rest should touch the skin between the nostrils.

Instruct the patient to:
- Close opposite nostril.
- Breathe in through nose while pushing plunger all the way up until it stops.

Instruct the patient to:
- Sniff gently after spraying to keep medication inside nose.

Instruct the patient to:
- Switch hands to insert tip into the second nostril.
- Repeat Step 4 to deliver second spray.

Instruct the patient to:
- Switch hands to insert tip into the second nostril.
- Repeat Step 4 to deliver second spray.

Healthcare professional:
- • Hold device as shown with the thumb gently supporting the plunger.
- • Do not press the plunger.

### Step 5: Confirm delivery and rest
Healthcare professional:
- • Take device from patient.
- • Check that indicator shows no green dots. If you see a green dot, have patient spray again into the second nostril.
- • Do not blow nose.

Instruct the patient to:
- Rest in a comfortable position (preferably, semi-reclined) for 5 minutes after each device.

IMPORTANT: Ensure that patient waits 5 minutes after each device to allow medication to absorb.

### Next device
Healthcare professional:
- • Repeat Steps 2-5 for the next device.

### Disposal
Dispose of used device(s) per facility procedure for a Schedule III drug product and per applicable federal, state, and local regulations.
Each device delivers two sprays containing a total of 28 mg of esketamine.