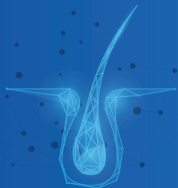


# Regaine®



## Trust The Global Choice

Regaine® is a topical minoxidil brand designed to stimulate hair growth in adult men with androgenetic alopecia & in women with female pattern hair loss.<sup>1</sup>



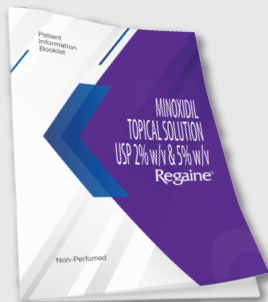
## To know more on Regaine®

Click Here to Watch  
the video on

How To Apply  
Regaine® (Minoxidil)



Scroll down to read  
the full information



Patient  
Information  
Booklet

*MINOXIDIL  
TOPICAL SOLUTION  
USP 2% w/v & 5% w/v  
Regaine®*

Non-Perfumed

# MINOXIDIL TOPICAL SOLUTION USP 2% w/v & 5% w/v

## Regaine® 2% & 5%

### Patient Information

This booklet has been written to provide information and answer some possible common questions related to REGAINE®, but it does not contain all the information available. If you still have questions or any concerns, you should talk to your doctor who may have more information. This booklet does not take the place of talking to your doctor. Read this booklet carefully before you start to use REGAINE®. Keep this booklet because you may want to read it again.

### FOR EXTERNAL USE ONLY

**WARNING: To be sold by retail on the prescription of a Dermatologist only.**

### What is Regaine®?

REGAINE® is a solution that is to be used only on your scalp. It contains the active ingredient minoxidil in a mixture of alcohol, propylene glycol and water. No perfume has been added.

### What is Regaine® used for and how does it work?

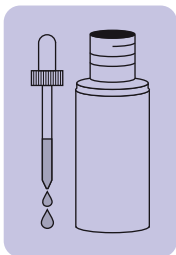
REGAINE® is used for stimulation of hair growth in adult men with androgenetic alopecia and in women with a certain type of female pattern hair loss. The exact way this medicine works is not known.

### What is the daily dose of Regaine®?

- On a completely dry scalp, apply 1mL dose to the total affected area, twice daily, using the applicator best suitable for you.

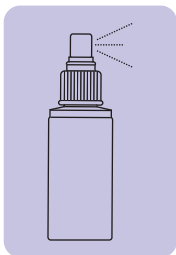
- Massage the solution lightly into your scalp, and afterwards wash your hands well. This dose should be used no matter what the size of the affected area is. Do not exceed 2mL in a day.
- Leave at least 12 hours between each use. Do not use more than twice a day.
- It has been shown that twice daily use of REGAINE® may be required for at least four months before you will see the evidence of cosmetically acceptable hair growth. Response to treatment with REGAINE® may vary widely and some patients may see faster results than others.

## How to use the applicators?



### Dropper Applicator

1. Remove large outer cap on REGAINE® bottle, then remove the inner cap.
2. Insert the dropper applicator into the bottle and squeeze the rubber bulb. Release the bulb, allowing the dropper to fill to the 1mL line.
3. Place the tip of the dropper near the part of the scalp you want to treat and gently squeeze the bulb to gradually release the solution. To prevent the solution from running off the scalp, apply a small amount at a time.



### Pump-Spray Applicator

*(Works best for a larger affected area)*

1. Remove large outer cap on REGAINE® bottle, then remove the inner cap.
2. Insert the pump-spray applicator into the bottle and screw on firmly.
3. Aim the applicator towards the center of affected area, press the pump once and spread REGAINE® solution with fingertips to cover all affected area. Repeat 6 times (1mL).
4. Kindly ensure that the solution does not run off the scalp to other parts of body.

## What if I forget to use *Regaine*® ?

If you forget to use REGAINE® once or twice, just start your twice-daily application again and return to your usual schedule.

**Do not apply more than 1mL of REGAINE® and do not use more than twice daily to make up for the dose you missed.**

## How effective is *Regaine*® in regrowing hair?

It is important for you to understand that REGAINE® does not work well in all people, and how well it works depends on a number of things. Your doctor can best decide whether you are likely to respond to treatment with REGAINE®.

If you respond to treatment with REGAINE®, your initial growth may at first be soft, downy hair ("vellus"), and may hardly be visible. After further treatment, it is likely that your hair growth will change and become the same colour and thickness as the rest of your hair. Patients using REGAINE® have reported that the loss of hair is slowed during treatment.

Treatment with REGAINE® is a long term therapy for hair growth. If you respond to treatment, you will need to continue to use REGAINE® in order to keep the new hair and also to stop additional hair loss.

## What should I tell my doctor before using *Regaine*® ?

Tell your doctor about medical problems you have now or have had in the past. In particular, tell your doctor if :

- You are taking any other medicines, including medicines you have bought without a prescription.
- You have any heart problems.
- You are taking diethyl-carbamazine or paracetamol regularly.
- You are going to have any laboratory tests (e.g. blood or urine).

Some medicines may affect the way other medicines work when taken together. Your doctor will be able to tell you what to do when using REGAINE® with other medicines.



## What should I know while I am using Regaine®?

- You may experience increased hair shedding during the first month of the treatment. This is transitory and only indicates that the drug is stimulating the hair follicles.
- If after 6 months of using REGAINE® no hair growth is seen, you should talk to your doctor.
- Do not change your dose of REGAINE® or stop using REGAINE® without first asking your doctor for advice.
- **REGAINE® is for external use only. Never take REGAINE® orally to help hair growth. This could lead to serious side effects.**
- Do not apply REGAINE® to any area of the body other than the scalp.
- It is not necessary to shampoo before applying REGAINE®, however, if you do wash your hair, wait until your hair is absolutely dry before using REGAINE® as it must be applied to a dry scalp. A hair dryer may be used to dry your hair after you have washed it, but do not use it to dry the REGAINE® solution. As REGAINE® needs to be in contact with your scalp for at least four hours at a time, do not wash or wet your scalp for at least four hours after use.
- Avoid contact with the eyes and irritated skin. If there is accidental contact of REGAINE® to your eyes, mouth, nose, ears, or broken or irritated skin, bathe the area with large amounts of cool tap water.
- Hair sprays and other common hair products can be used while using REGAINE®, however, REGAINE® should be applied to the clean, dry scalp before other products are used.
- Your hair can continue to be dyed or permed, however, tell your hairdresser that you are using REGAINE®. It may be best to stop using REGAINE® for 24 hours before having your hair dyed or permed to avoid the possibility of any chemical interactions.
- REGAINE® topical application is clear and colourless, however, its colour may vary and occasionally have a yellow appearance. The colour of the solution will not affect its effectiveness, nor should it cause staining of clothes or skin. The solution will have no colour when it has dried on the scalp.



## What are the possible side effects with Regaine® ?

REGAINE® like all medicines, can have side effects but these don't necessarily affect everyone.

Tell your doctor, if you notice any of the following :

- Allergic-type reactions.
- Itching and other skin irritations of the treated area of the scalp.
- Redness of the scalp where REGAINE® is being applied.
- Dry skin/scalp flaking.
- REGAINE® contains alcohol which could cause burning or irritation to the eyes, mouth, nose and ears or sensitive skin areas.
- Excessive hair growth on other parts of the body.
- Rapid heart rate.
- Unexplained rapid weight gain of 2-3kg or more.
- Swelling or puffiness of hands, face, ankles or stomach.
- Dizziness, light headedness or fainting.
- Problems with vision.
- Pain in the chest, arm or shoulder.

Do not be alarmed by this list of possible side effects. You may not experience any of them.

## What to do if Regaine® is accidentally swallowed?

If REGAINE® is accidentally swallowed, contact your doctor or nearest hospital immediately. Some of the symptoms which you may experience are fast heart rate, low blood pressure (light headedness or fainting), swelling or puffiness of the body.

## How should I store Regaine® ?

- Keep REGAINE® in a cool place where the temperature stays below 25°C.
- REGAINE® is very flammable, and must be kept away from heat, sparks and naked flames. Never use REGAINE® while you are smoking.
- Do not leave REGAINE® in the car or in the sun on hot days. Too much heat can destroy the product.

- Keep REGAINE® in a place where children cannot reach it, such as in a medicine cupboard.
- The expiry date is printed on the bottle. Do not use REGAINE® after this date has passed.

## Description-

REGAINE® is available as:

- 2% w/v solution containing 20 mg Minoxidil per mL.
- 5% w/v solution containing 50 mg Minoxidil per mL.

## Where should I go for further information ?

This is not all the information that is available on REGAINE®. If you have any more questions or are not sure about anything, ask your doctor.





**Manufactured by:**

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Madkaim Ind. Estate, Madkaim,  
Post Mardol, Ponda,  
Goa - 403 404, India.

**Marketed by:**

Johnson & Johnson Private Limited,  
L.B.S. Marg, Mulund (West),  
Mumbai - 400 080.

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