Instructions for Use
SPRAVATO™
(SPRAH VAH’ TOE)
esketamine

Important
This device is intended for administration by the patient, under supervision of a healthcare professional. Read this Instructions for Use in full before training and supervising patient.

Need help?
For additional assistance or to share your feedback call 800-JANSSEN (800-526-7736).

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Step 1 Get ready
Before first device only:
- Instruct patient to blow nose before first device only.
- Confirm required number of devices.

56 mg = 2 devices
84 mg = 3 devices

Step 2 Prepare device
Healthcare professional:
• Check expiration date (‘EXP’). If expired, get a new device.
• Peel blister and remove device.

Healthcare professional:
• Do not prime device. This will result in a loss of medication.
• Check that indicator shows 2 green dots. If not, dispose of device and get a new one.
• Hand device to patient.

Step 3 Prepare patient
Instruct the patient to:
- Hold device as shown with the thumb gently supporting the plunger.
- Do not press the plunger.

Instruct the patient to:
- Recline head at about 45 degrees during administration to keep medication inside the nose.

About 45°
Step 4  Patient sprays once into each nostril

Instruct the patient to:
• Insert tip straight into the first nostril.
• Nose rest should touch the skin between the nostrils.
• Close opposite nostril.
• Breathe in through nose while pushing plunger all the way up until it stops.
• Sniff gently after spraying to keep medication inside nose.

Instruct the patient to:
• Switch hands to insert tip into the second nostril.
• Repeat Step 4 to deliver second spray.

Step 5  Confirm delivery and rest

Healthcare professional:
• Take device from patient.
• Check that indicator shows no green dots. If you see a green dot, have patient spray again into the second nostril.
• Check indicator again to confirm device is empty.

Instruct the patient to:
• Rest in a comfortable position (preferably, semi-reclined) for 5 minutes after each device.
• If liquid drips out, dab nose with a tissue.

Do not blow nose.

Healthcare professional:
• Repeat Steps 2-5 for the next device.

IMPORTANT: Ensure that patient waits 5 minutes after each device to allow medication to absorb.

Next device

<table>
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<tr>
<th>Device</th>
<th>55 mg</th>
<th>56 mg</th>
<th>58 mg</th>
<th>5 mg</th>
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Disposal

Dispose of used device(s) per facility procedure for a Schedule III drug product and per applicable federal, state, and local regulations.

This Instructions for Use has been approved by the U.S. Food and Drug Administration.

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