INSTRUCTIONS FOR USE
SPRAVATO®
(SPRAH VAH’ TOE) CIII
(esketamine)
Nasal Spray Device

28 mg per device
Each device delivers two sprays containing a total of 28 mg of esketamine.

Important
This device is intended for administration by the patient, under supervision of a healthcare professional. Read this Instructions for Use in full before training and supervising patient.

Need help?
For additional assistance or to share your feedback call 800-JANSSEN (800-526-7736).
Nasal Spray Device

Each device delivers two sprays containing a total of 28 mg of esketamine.

Indicator

One device contains 2 sprays. (1 spray for each nostril)

2 green dots (0 mg delivered)

1 green dot

No green dots
Two sprays (28 mg) delivered
Before first device only:

Instruct patient to blow nose **before first device only**.

Confirm required number of devices.

- 56 mg = 2 devices
- 84 mg = 3 devices
**Step 2 Prepare device**

**Healthcare professional:**

- Check expiration date (‘EXP’). If expired, get a new device.
- Peel blister and remove device.

**Healthcare professional:**

- **Do not prime device.** This will result in a loss of medication.
- Check that indicator shows **2 green dots**. If not, dispose of device and get a new one.
- Hand device to patient.
Instruct the patient to:

- Hold device as shown with the thumb gently supporting the plunger.
- **Do not** press the plunger.

Instruct the patient to:

- Recline head at about **45 degrees** during administration to keep medication inside the nose.
Instruct the patient to:

- Insert tip straight into the first nostril.
- Nose rest should touch the skin between the nostrils.

Instruct the patient to:

- Close opposite nostril.
- **Breathe in through nose** while pushing plunger all the way up until it stops.
Instruct the patient to:

- **Sniff gently** after spraying to keep medication inside nose.

Instruct the patient to:

- Switch hands to insert tip into the **second nostril**.
- Repeat Step 4 to deliver second spray.
Step 5  Confirm delivery and rest

Healthcare professional:

- Take device from patient.

- **Check that indicator shows no green dots.** If you see a green dot, have patient spray again into the second nostril.

- Check indicator again to confirm device is empty.

Instruct the patient to:

- Rest in a comfortable position (preferably, semi-reclined) for **5 minutes after each device.**
• If liquid drips out, dab nose with a tissue.

⚠️ **Do not** blow nose.

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**Next device**

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**Healthcare professional:**

• **Repeat Steps 2-5** for the next device.

**IMPORTANT:** Ensure that patient **waits 5 minutes after each device** to allow medication to absorb.

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**Disposal**

Dispose of used device(s) per facility procedure for a Schedule III drug product and per applicable federal, state, and local regulations.

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This Instructions for Use has been approved by the U.S. Food and Drug Administration.