Instructions for Applying a DURAGESIC® patch

Be sure that you read, understand, and follow these Instructions for Use before you use DURAGESIC®. Talk to your healthcare provider or pharmacist if you have any questions.

Parts of the DURAGESIC® patch:

- Each DURAGESIC® patch is sealed in its own protective pouch. Do not remove a DURAGESIC® patch from the pouch until you are ready to use it.

- Do not use a DURAGESIC® patch if the pouch seal is broken or the patch is cut, damaged or changed in any way.

- DURAGESIC® patches are available in 5 different doses and patch sizes. Make sure you have the right dose patch or patches that have been prescribed for you.
Applying a DURAGESIC® patch

1. Skin areas where the DURAGESIC® patch may be applied:
   For adults:
   • Put the patch on the chest, back, flank (sides of the waist), or upper arm in a place where there is no hair (See Figures A-D).

   For children (and adults with mental impairment):
   • Put the patch on the upper back (See Figure B). This will lower the chances that the child will remove the patch and put it in their mouth.

   For adults and children
   • Do not put a DURAGESIC® patch on skin that is very oily, burned, broken out, cut, irritated, or damaged in any way.
   • Avoid sensitive areas or those that move around a lot. If there is hair, do not shave (shaving irritates the skin). Instead, clip hair as close to the skin as possible (See Figure E).
   • Talk to your healthcare provider if you have questions about skin application sites.

2. Prepare to apply a DURAGESIC® patch:
   • Choose the time of day that is best for you to apply DURAGESIC®. Change it at about the same time of day (3 days or 72 hours after you apply the patch) or as directed by your healthcare provider.
   • Do not wear more than one DURAGESIC® patch at a time unless your healthcare provider tells you to do so. Before applying a new DURAGESIC® patch, remove the patch you have been wearing.
   • Clean the skin area with clear water only. **Pat skin completely dry.** Do not use anything on the skin such as soaps, lotions, oils, or alcohol before the patch is applied.
3. **Open the pouch:** Fold and tear at slit, or cut at slit taking care not to cut the patch. Remove the DURAGESIC® patch. Each DURAGESIC® patch is sealed in its own protective pouch. Do not remove the DURAGESIC® patch from the pouch until you are ready to use it (See Figure F).

4. **Peel:** Peel off both parts of the protective liner from the patch. Each DURAGESIC® patch has a clear plastic protective liner that can be peeled off in two pieces. This covers the sticky side of the patch. Carefully peel this protective liner off and throw the pieces away. **Touch the sticky side of the DURAGESIC® patch as little as possible** (See Figure G).
5. **Press:** Press the patch onto the chosen skin site with the palm of your hand and hold there for at least 30 seconds (See Figure H). Make sure it sticks well, especially at the edges.

- DURAGESIC® may not stick to all patients. You need to check the patches often to make sure that they are sticking well to the skin.

- If the patch falls off right away after applying, throw it away and put a new one on at a different skin site. See the section below called “Disposing of a DURAGESIC® patch”.

- If you have a problem with the patch not sticking
  - Apply first aid tape only to the edges of the patch.
  - If you continue to have problems with the patch sticking, you may cover the patch with Bioclusive™ or Tegaderm™. These are special see-through adhesive dressings. _Never cover a DURAGESIC® patch with any other bandage or tape._ Remove the backing from the Bioclusive™ or Tegaderm™ dressing and place it carefully over the DURAGESIC® patch, smoothing it over the patch and your skin.

- If your patch falls off later, but before 3 days (72 hours) of use, dispose of properly. See the section below “Disposing of a DURAGESIC® patch”. Apply a new DURAGESIC® patch on at a different skin site. Be sure to let your healthcare provider know that this has happened, and do not replace the new patch until 3 days (72 hours) after you put it on (or as directed by your healthcare provider).
6. Wash your hands when you have finished applying a DURAGESIC® patch.

7. Remove a DURAGESIC® patch after wearing it for 3 days (72 hours). See the section below “Disposing of a DURAGESIC® patch”. Choose a different skin site to apply a new DURAGESIC® patch. Repeat Steps 2 through 6 above when applying a new DURAGESIC® patch.

   **Do not apply the new patch to the same place as the last one.**

**Water and DURAGESIC®**
- You can bathe, swim or shower while you are wearing a DURAGESIC® patch. If the patch falls off before 3 days (72 hours) after application, dispose of properly. See the section below “Disposing of a DURAGESIC® patch”. Apply a new DURAGESIC® patch on at a different skin site. Be sure to let your healthcare provider know that this has happened, and do not replace the new patch until 3 days (72 hours) after you put it on (or as directed by your healthcare provider).
Disposing of a DURAGESIC® patch

- Fold the used DURAGESIC® patch in half so that the sticky side sticks to itself (See Figure I). **Flush the used DURAGESIC® patch down the toilet right away** (See Figure J). A used DURAGESIC® patch can be very dangerous for or lead to death in babies, children, pets, and adults who have not been prescribed DURAGESIC®.

- Throw away any DURAGESIC® patches that are left over from your prescription as soon as they are no longer needed. Remove the leftover patches from their protective pouch and remove the protective liner. **Fold the patches in half with the sticky sides together, and flush the patches down the toilet.** Do not flush the pouch or the protective liner down the toilet. These items can be thrown away in a trashcan.

This Instructions for Use has been approved by the U.S. Food and Drug Administration.

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